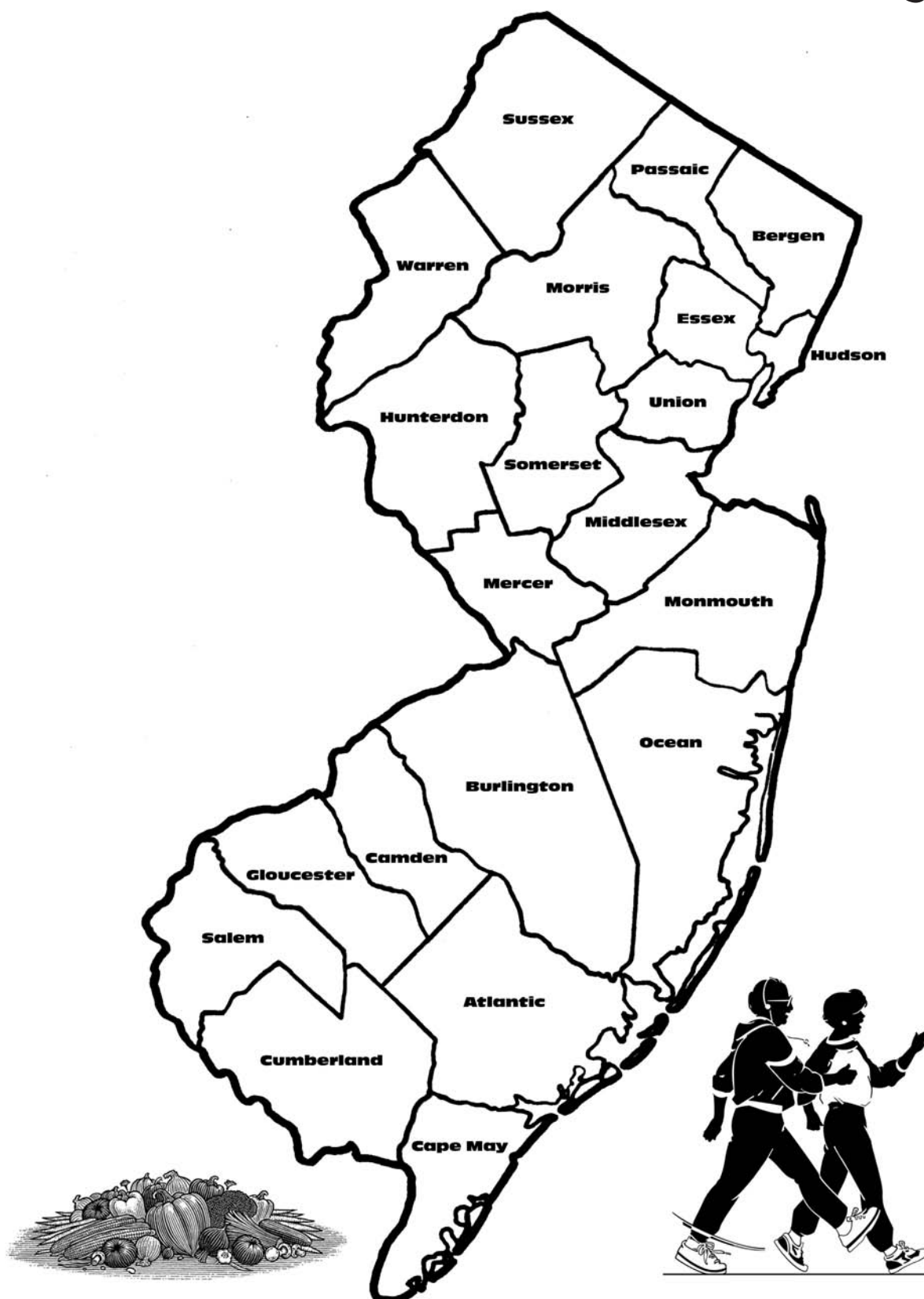






Statewide



STATEWIDE Nutrition Programs

Agency/Institution:	American Cancer Society
Program Name:	American Cancer Society Answer Line and Websites www.cancer.org and www.fightcancer.org
Address:	20 Mercer Street, Hackensack, NJ 07601
Phone:	1-800-227-2345
Website:	www.cancer.org
Focus:	Reliable, science-based information, referrals and guidance on all topics surrounding cancer
Services:	 
Population served:	All ages
Funded by:	Own funding, grants, contributions
Fees & Charges:	None
Other information:	<p>24 hour/7 days a week answer line 1-800-ACS-2345 and websites www.cancer.org and www.fightcancer.org provide constantly updated information and community resources.</p> <p>Nutrition/physical activity guidelines to lower cancer risk are updated at least every 5 years, with most recent update in 2006.</p> <p>For cancer patients & their loved ones: Referrals, information and guidance to help with nutrition challenges Program has specific cancer prevention focus and provides information for cancer patients/survivors</p>

STATEWIDE Nutrition Programs

Agency/Institution:	American Cancer Society
Program Name:	Body & Soul
Address:	20 Mercer Street, Hackensack, NJ 07601
Phone:	1-800-227-2345
Website:	www.cancer.org
Focus:	Increase vegetable and fruit consumption of African American population
Services:	 
Population served:	Tailored for African Americans of all ages
Funded by:	Own funding
Fees & Charges:	None
Other information:	Body & Soul is a 12-week program for African American churches to encourage own membership to eat more vegetables & fruits. Manual explains how church committee might run it, and local American Cancer Society is the resource. Program has specific cancer prevention focus

Agency/Institution:	American Dairy Association and Dairy Council, Inc.
Program Name:	Dairy Council (serving Northern NJ)
Address:	219 South West Street – Suite 100, Syracuse, NY 13202-1205
Phone:	570-894-1594
Website:	www.adadc.com/index.html
Focus:	To encourage the consumption of milk and dairy products through advertising, education and promotion, and to reach consumers with product benefits and advantages





STATEWIDE Nutrition Programs

Agency/Institution:	Community FoodBank of New Jersey
Address:	31 Evans Terminal Road, Hillside, NJ 07205
Phone:	908-355-3663
Website:	www.njfoodbank.org
Focus:	Provide donated groceries to charities such as food pantries, soup kitchens, homeless shelters, and other programs in 18 counties

Agency/Institution:	Community FoodBank of New Jersey – Southern Branch
Address:	6735 Black Horse Pike, Egg Harbor Township, NJ 08234
County:	Atlantic, Cape May, Cumberland and parts of Burlington
Phone:	609-383-8843
Website:	www.okus.com/foodbank/
Focus:	Provide donated groceries to charities such as food pantries, soup kitchens, homeless shelters, and other programs

Agency/Institution:	Mid-Atlantic Dairy Association
Program Name:	Dairy Council (serving Southern NJ)
Address:	325 Chestnut Street – Suite 100, Philadelphia, PA 19106
Phone:	215-627-8800
Website:	www.dairyspot.com
Focus:	Practical dairy nutrition and health information, helpful school resources, great-tasting recipes and the latest dairy news

STATEWIDE Nutrition Programs

Agency/Institution:	New Jersey Department of Agriculture
Program Name:	Child Nutrition Programs
Address:	PO Box 334, 33 W. State St., 4th Floor, Trenton, NJ 08852
Phone:	609-984-0692
Focus:	Provides nutritious, low cost meals to school age students. The Child Care Food Program provides nutritious meals to pre-school children and also has an adult day care component.
Services:	   
Population served:	Children, adolescents
Funded by:	State, federal
Fees & Charges:	None

Agency/Institution:	New Jersey Department of Agriculture
Program Name:	Division of Food and Nutrition
Address:	P.O. Box 334, Trenton, NJ 08625-0334
Phone:	609-984-0692
Website:	www.state.nj.us/agriculture/
Focus:	To develop, promote, conserve, and support the agricultural and agribusiness industry of the state




STATEWIDE Nutrition Programs

Agency/Institution:	New Jersey Department of Agriculture
Program Name:	State Food Purchase Program
Address:	P.O. Box 330, Trenton, NJ 08625
Website:	www.state.nj.us/agriculture/divisions/fn/fooddistrib/foodpurchaseprogram.html
Focus:	Provides funding for: (1) The purchase of healthy and nutritious foods to feed people affected by hunger and (2) Expanding the storage capacity of the state's emergency feeding operations and upgrading their food-preparation equipment







Agency/Institution:	New Jersey Department of Health and Senior Services
Program Name:	Child and Adolescent Health – Nutrition and Physical Activity
Address:	50 East State Street – 6th Floor, Trenton, NJ 08625-0364
Phone:	609-292-1723
Website:	www.state.nj.us/health/fhs/children/nutrifitness.shtml
Focus:	Offer technical assistance to grantees who address nutrition and physical activity in their grants Assist in the coordination of the state fitness council, which offers mini grants for healthy community development

STATEWIDE Nutrition Programs





Agency/Institution:	New Jersey Department of Health and Senior Services
Program Name:	Fruits and Veggies – More Matters® (new campaign replacing 5 A Day Program)
Address:	50 East State St., 6th Floor, Trenton, NJ 08625-0364
Phone:	609-292-9560
Website:	www.state.nj.us/health/fiveaday/index.shtml
Focus:	Encourage residents to eat more fruits and vegetables


Agency/Institution:	New Jersey Department of Health & Senior Services, Division of Aging and Community Services
Program Name:	HealthEASE Health Education Program
Address:	PO Box 807, Trenton, NJ 08625-0807
Phone:	609-292-9152
Website:	www.state.nj.us/health
Focus:	This nutrition education program encourages older adults to make healthier choices, including: increasing fruit and vegetables, decreasing fat and salt, reading food labels, and understanding portion control.
Services:	  
Population served:	Older adults, seniors
Funded by:	Grants, local agencies provide the program
Fees & Charges:	None
Other information:	NJDHSS, Division of Aging and Community Services regularly provides free trainings for physical activity and health education programs for community agencies

STATEWIDE Nutrition Programs






Agency/Institution:	New Jersey Department of Health and Senior Services, Division of Aging & Community Services
Program Name:	Senior Nutrition Program
Address:	PO Box 807, Trenton, NJ 08625-0807
Phone:	609-341-5301
Focus:	Promote independence, dignity, health and well-being of older citizens that participate in the nutrition program through healthy meals, socialization and education
Services:	     
Population served:	Adults, seniors, populations that need kosher and vegetarian
Funded by:	Federal, county government
Fees & Charges:	None
Other information:	Various exercise offered such as dancing, tai chi, chair exercises, exercise to offset osteoporosis, and walking

STATEWIDE Nutrition Programs

Agency/Institution:	New Jersey Department of Health and Senior Services, New Jersey Women, Infants, and Children (WIC) Services and the New Jersey Department of Agriculture
Program Name:	Farmers' Market Nutrition Program
Address:	50 East State Street, Trenton, NJ 08625
Phone:	609-292-9560
Website:	http://www.nj.gov.health/fhs/wic/farmermktpart.shtml
County:	Mercer
Focus:	Provide fresh, locally grown fruits and vegetables to low-income residents participating in WIC Services and also to senior citizens 60 years and older Increase awareness of farmers markets and increase income of the local farmers
Services:	   
Population served:	Targets low-income (all ages), senior citizens 60+
Funded by:	Federal
Fees & Charges:	None
Other information:	Program provides information for cancer patients/survivors

Agency/Institution:	New Jersey Department of Health and Senior Services, WIC Services
Program Name:	The Intergenerational School Breakfast Program
Address:	P. O. Box 364, 50 East State Street, 6th floor, Trenton, NJ 08625
Phone:	609-292-9560
Website:	www.state.nj.us/health/fhs/isbp/index.shtml
Focus:	To promote nutrition education to young children through the use of nutrition themed children's books
Services:	
Population served:	Children
Funded by:	State, federal
Fees & Charges:	None

STATEWIDE Nutrition Programs







Agency/Institution:	New Jersey Department of Health and Senior Services, WIC Services
Program Name:	The WIC Program
Address:	P.O. Box 364, 50 East State Street, 6th floor, Trenton, NJ 08625
Phone:	609-292-9560
Website:	www.state.nj.us/health/fhs/wic/index.shtml
Focus:	To improve health outcomes for low-income women, infants and children through the provision of nutrition services which include assessment, counseling and the provision of vouchers for healthy foods
Services:	    
Population served:	Low income women, infants and children at nutritional risk, males
Funded by:	Federal
Fees & Charges:	None

Agency/Institution:	New Jersey Dietetic Association
Address:	1 AAA Dr., Suite 102, Trenton, NJ 08691
Phone:	609-585-5458
Website:	www.Eatrightnj.org
Focus:	Website provides nutrition-related information and resource links

Agency/Institution:	New Jersey School Nutrition Association
Address:	P.O. Box 469, Millburn, NJ 07041
Phone:	973-301-0777
Website:	www.njsna.net/
Focus:	Dedicated to the professional development of school food service and nutrition personnel, and to protecting and enhancing children's health and well-being through school meals and sound nutrition education

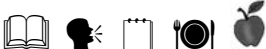
STATEWIDE Nutrition Programs

Agency/Institution:	New Jersey Society for Public Health Education
Website:	www.njsophe.org/online/
Focus:	Promote healthy behaviors, healthy communities, and healthy environments with a focus on public health education

Agency/Institution:	Rutgers Cooperative Extension - Family and Community Health Sciences
Program Name:	Get Moving, Get Healthy, New Jersey
Address:	Martin Hall - 88 Lipman Drive, New Brunswick, NJ 08889
Phone:	732-932-5000 ext. 604
Website:	www.rce.rutgers.edu/fchs
Focus:	Increase fruit and vegetable consumption, whole grains and dairy, and decrease saturated fats and trans fats
Services:	     
Population served:	All ages
Funded by:	Grants, state, federal
Fees & Charges:	Yes





Key:  Education Materials  Workshops/Classes  Program Evaluation  Counseling
 Equipment or Facilities for Fitness  Healthy Choices in Cafeteria/Vending Machine
 Fruits and Veggies-More Matters® (new campaign replacing 5 A Day Program)

STATEWIDE Nutrition Programs

Agency/Institution:	Rutgers Cooperative Extension of Mercer and Middlesex
Program Name:	Food Stamp Nutrition Education (FSNEP), Expanded Food and Nutrition (EFNEP)
Address:	930 Spruce Street, Trenton, NJ 08648
Phone:	609-989-6972
Website:	www.FSNEP.rutgers.edu, www.EFNEP.rutgers.edu
Focus:	Overall improvement of nutritional foods and health
Services:	
Population served:	All ages, especially low-income group
Funded by:	External grants, state, federal
Fees & Charges:	None
Other information:	Program provides information for cancer patients/survivors

Key:  Education Materials  Workshops/Classes  Program Evaluation  Counseling
 Equipment or Facilities for Fitness  Healthy Choices in Cafeteria/Vending Machine
 Fruits and Veggies-More Matters® (new campaign replacing 5 A Day Program)


STATEWIDE Nutrition Programs

Agency/Institution:	Rutgers University, Department of Nutritional Sciences & Rutgers Cooperative Extension
Program Name:	NJ Food Stamp Nutrition Education Program & NJ Expanded Food and Nutrition Education Program
Address:	26 Nichol Ave. Davison Hall, New Brunswick, NJ 08901-2882
Phone:	732-932-9853
Focus	To increase the consumption of fruits, vegetables, and calcium-rich foods, with a focus on increased food security
Website:	www.fsnep.rutgers.edu
Services:	   
Population served:	All ages
Funded by:	Grants, state, federal, local in-kind contributions
Fees & Charges:	None


Agency/Institution:	Rutgers, The State University of New Jersey
Program Name:	Cooperative Extension Services
Address:	88 Lipman Dr., New Brunswick, NJ 08901
Website:	http://njaes.rutgers.edu/extension/
Focus:	Ensure healthy lifestyles, provide productive futures for youth, adults, and communities, enhance and protect environmental resources, ensure economic growth and agricultural sustainability, and improve food safety and nutrition

Agency/Institution:	University of Medicine and Dentistry of New Jersey
Program Name:	Healthy NJ – Information for Healthy Living
Website:	www.healthynj.org
Focus:	Provides health care information to consumers, particularly the residents of New Jersey Website includes information on nutrition and exercise

STATEWIDE Physical Activity Programs

Agency/Institution:	American Cancer Society
Program Name:	American Cancer Society Answer Line and Website
Address:	20 Mercer Street, Hackensack, NJ 07601
Phone:	1-800-227-2345
Website:	www.cancer.org
Focus:	Reliable, science-based information, referrals and guidance on all topics surrounding cancer
Services:	
Population served:	All ages
Funded by:	Own funding, grants, contributions
Fees & Charges:	None
Other information:	24 hour/7 days a week answer line 1-800-ACS-2345 and website www.cancer.org provide constantly updated information and community resources Nutrition/physical activity guidelines to lower cancer risk are updated at least every 5 years Program has specific cancer prevention focus and provides information for cancer patients/survivors

STATEWIDE Physical Activity Programs

Agency/Institution:	American Cancer Society
Program Name:	Body & Soul
Address:	20 Mercer Street, Hackensack, NJ 07601
Phone:	1-800-227-2345
Website:	www.cancer.org
Focus:	Promote a physically active lifestyle according to American Cancer Society guidelines to reduce cancer risk
Services:	
Population served:	Adults, work-site employees
Funded by:	Own funding, contributions
Fees & Charges:	None
Other information:	24 hour/7 days a week answer line 1-800-ACS-2345 Program has specific cancer prevention focus and provides information for cancer patients/survivors

Agency/Institution:	New Jersey Department of Education
Program Name:	New Jersey Association for Health, Physical Education, Recreation and Dance
Address:	P.O. Box 716, Waretown, NJ 08758
Phone:	609-971-0522
Website:	www.njahperd.org
Focus:	Committed to the advancement of quality health, physical education, recreation and dance programs in the state of New Jersey through professional development programming and the promotion of healthy, active lifestyles, advocacy, and collegial exchange





STATEWIDE Physical Activity Programs




Agency/Institution:	New Jersey Department of Education, Office of Academic and Professional Standards
Program Name:	Comprehensive Health and Physical Education
Address:	100 Riverview Executive Plaza, Box 500 Trenton, NJ 08625
Phone:	609-777-4809
Website:	www.nj.gov/education/aps/cccs/chpe/
Focus:	Provides local school districts with technical assistance and professional development to ensure that all students receive appropriate, standards-based education

Agency/Institution:	New Jersey Department of Health and Senior Services
Program Name:	Child and Adolescent Health – Nutrition and Physical Activity
Address:	50 East State Street – 6th Floor, Trenton, NJ 08625-0364
Phone:	609-292-1723
Website:	www.state.nj.us/health/fhs/children/nutrifitness.shtml
Focus:	Offer technical assistance to grantees who address nutrition and physical activity in their grants Assist in the coordination of the state fitness council, which offers mini-grants for healthy community development





Agency/Institution:	New Jersey Department of Health and Senior Services
Program Name:	New Jersey Council on Physical Fitness and Sports
Address:	50 East State Street – 6th Floor, Trenton, NJ 08625-0364
Phone:	609-943-4251
Website:	www.state.nj.us/health/fhs/njcpfs/index.shtml
Focus:	To encourage and promote physical fitness statewide

STATEWIDE Physical Activity Programs


Agency/Institution:	New Jersey Department of Health & Senior Services, Division of Aging and Community Services
Program Name:	HealthEASE Move Today
Address:	PO Box 807, Trenton, NJ 08625-0807
Phone:	609-292-9152
Website:	www.state.nj.us/health
Focus:	Promote an active lifestyle for adults age 50 or older through non-aerobic exercise class designed to improve flexibility, balance and stamina
Services:	   
Population served:	Ages 50+
Funded by:	Grants, local agencies who deliver the program may charge fees for the program
Fees & Charges:	Yes
Other information:	NJDHSS-Division of Aging and Community Services regularly provides free trainings for physical activity and health education programs for community agencies. The program is available at several local sites throughout the state.



Agency/Institution:	New Jersey Department of Health and Senior Services, Division of Aging and Community Services
Program Name:	Live Long, Live Well Walking Program
Address:	PO Box 807, Trenton, NJ 08625-0807
Phone:	609-292-9152
Website:	www.nj.gov/health/senior/walking/index.shtml
Focus:	Promote an active lifestyle
Services:	  
Population served:	Ages 50+
Funded by:	State
Fees & Charges:	None

STATEWIDE Physical Activity Programs

Agency/Institution:	New Jersey Department of Health & Senior Services, Division of Aging and Community Services
Program Name:	Project Healthy Bones
Address:	PO Box 807, Trenton, NJ 08625-0807
Phone:	609-292-9152
Website:	www.nj.gov/health/senior/osteo/project.shtml
Focus:	The Project Healthy Bones program encourages older adults to make healthier behavior choices to protect and strengthen their bones. The program includes exercises to improve strength, balance and flexibility. The educational component covers the importance of exercise, nutrition, safety, drug therapy and lifestyle factors related to osteoporosis.
Services:	   
Population served:	Older adults with or at risk of osteoporosis
Funded by:	Local agencies charge minimal fees to cover cost of materials
Fees & Charges:	Yes
Other information:	Program provides information for cancer patients/survivors




STATEWIDE Physical Activity Programs

Agency/Institution:	New Jersey Department of Health and Senior Services, WIC Services
Program Name:	The Intergenerational School Breakfast Program
Address:	P. O. Box 364, 50 East State Street, 6th floor, Trenton, NJ 08625
Phone:	609-292-9560
Website:	www.state.nj.us/health/fhs/isbp/index.shtml
Focus:	The goals of the project: 1) use the School Breakfast Program to promote the importance of good nutrition early in life, 2) serve as an intergenerational initiative by pairing young children with volunteers who act as role models and mentors (optional), 3) promote increased participation in the School Breakfast Program, and 4) promote reading and literacy
Services:	
Population served:	Children
Funded by:	State, federal
Fees & Charges:	None
Other information:	The ISBP is operated via a website that allows pre-schools, child care programs and elementary schools to register and request free materials to support nutrition education and physical activity. www.state.nj.us/health/fhs/isbp/nutri_ed_training_mat.shtml

Agency/Institution:	New Jersey Department of Health and Senior Services, WIC Services
Program name:	The WIC Program
Address:	P.O.Box 364, 50 East State Street, 6th floor, Trenton, NJ 08625
Phone:	609-292-9560
Website:	www.state.nj.us/health/fhs/wic/index.shtml
Focus:	Promote increased physical activity as one strategy towards the maintenance of a healthy weight among WIC participants and their families
Services:	 
Population served:	Low income women, infants and children with a nutritional risk, male
Funded by:	Federal
Fees & Charges:	None
Other information:	Local WIC Agencies throughout New Jersey offer special programs throughout the year

Key:  Education Materials  Workshops/Classes  Program Evaluation  Counseling
 Equipment or Facilities for Fitness  Healthy Choices in Cafeteria/Vending Machine
 Fruits and Veggies-More Matters® (new campaign replacing 5 A Day Program)

STATEWIDE Physical Activity Programs




Agency/Institution:	New Jersey Health Care Quality Institute
Program Name:	Mayors Wellness Campaign
Address:	479 West State Street, Trenton, NJ 08619
Phone:	609-393-4931
Website:	www.mayorswellnesscampaign.org
Focus:	Decrease obesity by increasing activity levels Help NJ achieve the 2010 Healthy People Goals
Services:	  
Population served:	All ages
Funded by:	Grants
Fees & Charges:	None
Other information:	A collection of evidence based programs implemented throughout the state

Agency/Institution:	New Jersey Recreation and Park Association
Address:	13 April Lane, Somerset, NJ 08873-5301
Phone:	732-568-1270
Website:	www.njrpa.org
Focus:	Dedicated to enhancing the lives of all New Jersey residents by promoting recreation, parks, conservation, and leisure services through education, professional development, public awareness, legislative advocacy, and direct member services
Other information:	Contact your local township for additional park and recreation programs.



STATEWIDE Physical Activity Programs

Agency/Institution:	New Jersey Society for Public Health Education
Website:	www.njsophe.org/online/
Focus:	Promotes healthy behaviors, healthy communities, and healthy environments with a focus on public health education

Agency/Institution:	New Jersey State Interscholastic Athletic Association
Address:	1161 Route 130 North, Robbinsville, NJ 08691
Phone:	609-259-2776
Website:	www.njsiaa.org
Focus:	Sets forth the rules and regulations governing high school athletics in order to equalize competition for member schools

Agency/Institution:	Rutgers Cooperative Extension - Family and Community Health Sciences
Program Name:	Strong Bones for a Lifetime
Address:	Martin Hall - 88 Lipman Drive, New Brunswick, NJ 08889
Phone:	732-932-5000 ext. 604
Website:	www.rce.rutgers.edu/fchs
Focus:	Increase physical activity in individuals, adults, children, and families
Services:	  
Population served:	All ages
Funded by:	State
Fees & Charges:	Yes

STATEWIDE Physical Activity Programs

Agency/Institution:	Rutgers University, Department of Nutritional Sciences & Rutgers Cooperative Extension
Program Name:	NJ Food Stamp Nutrition Education Program & NJ Expanded Food & Nutrition Education Program
Address:	26 Nichol Ave. Davison Hall, New Brunswick, NJ 08901-2882
Phone:	732-932-9853
Website:	www.fsneprutgers.edu
Services:	 
Population served:	Children, adolescents, adults
Funded by:	State, federal, local in-kind contributions
Fees & Charges:	None

Agency/Institution:	University of Medicine and Dentistry of New Jersey
Program Name:	Healthy NJ – Information for Healthy Living
Website:	www.healthynj.org
Focus:	Provides health care information to consumers, particularly the residents of New Jersey Website includes information on nutrition and exercise

